

Commission on the Status of Women

Arizona State University



ASU Professional Development Conference October 11th Online & October 12th In-Person at Tempe Save the Date! Registration to Open Soon!

Planning is well underway for the 16th annual ASU Professional Development Conference hosted by the ASU Commission on the Status of Women.

This year's conference presents a mix of online and in-person workshops. On Wednesday, October 11th, all conference sessions will be hosted on-line. On Thursday, October 12th, all conference sessions will be hosted in-person at the Tempe campus. Many workshop sessions will be offered on both days.

The theme of this year's conference is on **the Five Essentials of Workplace Wellness** as defined by the U.S. Surgeon General.

Look for exciting sessions in the areas of:

- Mattering at Work: Dignity and Impact
- Protection from Harm: Safety and Security
- Community & Connection: Social Support & Belonging
- Opportunity for Growth: Learning & Accomplishments
- Work-Life Harmony: Autonomy & Flexibility

Over seventy different sessions and more to be announced soon!

Registration for the conference will open in early September.

Mark your calendars and make arrangements to attend!

This conference is free and is open to all ASU faculty, staff and students. It is the largest university-provided development conference in the nation!

First access to registration is provided to members of the CSW listserv. If you aren't on the list, click on button below to sign up!

Questions?

Email Karen Engler-Weber, Program Director at

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Here's a sneak peek at a few of the many offerings this year:

- Leadership is an Action Not a Position w/Michael Latsko
- Secrets to More "This is Why I Do It" Days
- Creating a Culture of Connection in the Workplace
- Designing for Belonging: Cultivating Compassionate Conversations
- ZOOM Goddesses: Google Drive for Project Managers
- Navigating Burnout & Stress Management
- Orchestrating Work-Life Harmony: SOAR Model of Decision Making
- Taking Back Your Power: Managing and Choosing Responses to Challenging Situations at Work
- Leading Up at ASU: How I Did It
- Living Big from the Work of Brene Brown
- De-Stressing Time Management with a Time Diet
- Secrets to Giving a Great Presentation
- Moonshot thinking at ASU
- Social Capital in the Flexible Workplace: Challenges & Opportunities
- Neuroscience of Trust
- How to Make Friends as an Anxious Adult
- Nurturing Your Values and Resilience at Work
- Building a Culture of Thanks—Why and How
- Getting on the Same Page: Strategies for Collaborating Successfully with Other Units
- Humanity at Work: Depth of Mindful Experience & Connection
- How to Speak So You are Heard
- Finding Harmony: The Four Agreements for Work and Life Success
- Fostering Connection through Collaboration
- Saying No Without Saying No to Asks
- Inclusive Leadership Cafe