

ASU Professional Development Conference
Wednesday, October 26, 2022: ONLINE Only &
Thursday, October 27, 2022: IN-PERSON at Tempe Campus
Conference Schedule

The ASU Commission on the Status of Women invites you to join us for the 15th annual ASU Professional Development Conference 2022. The goal of the conference is to provide readily-accessible information, resources, and strategies to help individuals succeed in their current position and in their long-term career at ASU.

The conference is open to all ASU faculty, staff, and students and is completely free of charge.

All conference offerings on October 26th will be via ZOOM.

All conference offerings on Thursday, October 27th will be in-person at Tempe Campus.

The Conference Keynote on October 27th will be available in-person and via webcast

For Conference & Registration Information visit:

Register for the conference at:

Questions? Please contact Karen Engler-Weber, Program Director for the Office of the Provost at Karen.Engler@asu.edu

Conference Information:

Registering:

To register for the conference go to: <https://na.eventscloud.com/asupdc2022>

You must utilize your ASU.EDU email to register. All other email domains will be deleted.

You will receive a registration confirmation that will include a reference number. Please retain this record.

Modifying Registration or Cancelling:

You have until October 24th at Noon to make changes or cancel your registration. This is a firm deadline. The CSW office will not be able to make changes after this time. If you need to make changes or cancel your registration, log into the registration site, enter your asu.edu email and your registration reference number.

If you have lost your registration information, contact asucsw@asu.edu

Zoom Information for Online Sessions on October 26th

- You will be emailed the ZOOM information and any workshop materials starting October 24th and 25th. The information will be emailed in batches. If you do not receive your information by October 25th at Noon, please contact asucsw@asu.edu
- On Oct 26th, you will need to be logged into ZOOM via your ASU account and your screen name must match your registration, or you may be moved out of the session.
- Do not share ZOOM link information. Attendance is capped for many sessions, and if non-registrants enter, those that did register will not be able to attend.

In-Person Attendance on October 27th at Tempe Campus:

- You will receive the room assignment for your workshop sessions in advance of Oct 27th, this will include check-in information.
- If you registered to attend the conference luncheon, you will need to check in for the conference to retrieve your luncheon ticket. Check-in will be available from 8:00AM to 11:45AM. Tickets not claimed by 11:45AM will be given away.
- We are not able to accommodate walk-in registrations, so please register early.

WEDNESDAY, OCTOBER 26th: Sessions available ONLINE ONLY

8:30AM-9:30AM

- Asking for What You Need to Be Successful at Work
- Mindfulness for Productivity and Performance
- Getting to Know You: Understanding Your Personality and Character
- Internal Communication Strategies: How to Build Your Team and Make Them Happy
- Data Wise: Collaborative Approaches to Data-Informed Decisions
- The Critical Response Process: A Simple and Healthy Method for Giving and Receiving Feedback
- Events Planning: What to Consider for Your Hybrid Event
- Everyone's Responsibility: Trauma Informed Mandatory Reporting through a Culturally Inclusive Lens
- Assert Yourself: Assertiveness Training
- The Brighter Side of (Work) Life: Exploring Ways to Help Ourselves and Our Teams Flourish at Work

8:30AM-10:30AM (Two Hour Session)

- Emotions at Work: From the Atlas of Heart by Brene Brown

9:45AM-10:45AM

- Secrets to More "This is Why I Do It" Days
- How to be a ZOOM Goddess: Google Slides 101 –Tips and Tricks Every ZOOM Goddess Needs to Know
- How Faculty Can Create Cultures of Belonging and Promote Cross-Cultural Friendships
- The Intersection of Sustainability and Self-Care
- Controlling Your Controllables
- Questions: The Tools of Curiosity
- Tools and Methods to Work Faster and More Efficiently at Work
- Preventing and Alleviating Stress in the Workplace with Breathing, Meditation and Gentle Movement
- Take AdvantEDGE! Is an MBA Right for You and Your Career
- Writing Winning Award Nominations for Faculty, Staff, and Students
- Creating a Community and Opportunities: Phoenix Bioscience Core & Arizona Universities

11:00AM-Noon

- Mastering Interpersonal Effectiveness Skills at work
- Driving Innovation and Operational Excellence in the New American University
- Burnout, Exhaustion, and Mindfully Navigating a Post-Pandemic Workplace
- How to be a ZOOM Goddess
- 10 Ways to Save Money Without Drastically Altering Your Lifestyle
- Second Acts: Taking Charge of Your Career After 50
- Events Planning: Incorporating Diversity, Equity and Inclusion in Your Event Planning
- Navigating Interpersonal Conflict
- Tackling Implicit Bias and Microaggressions 2.0
- Preparing to Present at a Professional Conference: Tips & Strategies for Staff and Students

12:15PM-1:15PM

- Leading Up at ASU: How I Did it with Kerri Robinson, Chief of Staff, ASU Public Enterprise
- Becoming a Culturally Intelligent Leader (2 Hour Session: 12:15PM-2:15PM)
- Living Big from the Work of Brene Brown
- Creating Sustainable Practices for Self-Care
- The Necessary Evil of Feedback: How to Make It Effective

1:30PM-2:30PM

- Optimism as a Pessimist
- De-stressing Time Management with a Time Diet
- Leadership Network: Advancing Leadership at ASU
- Digital Accessibility for Everyone
- Helping Adolescents in an Age of Uncertainty
- Using Your Benefits and Study at ASU
- #IAMREMARKABLE: Dismantling the Stigma of Self-Promotion
- Research 101: Facilitating Quality Focus Groups and Interviews
- Hiring and Onboarding Student Workers
- DREAMZone: Supporting DACA and Undocumented Students

Thursday, October 27, 2022: Sessions available IN-PERSON only at Tempe Campus Memorial Union

***Conference Keynote will be available both in-person and via webcast**

8:30AM-9:30AM

- Mastering Interpersonal Effectiveness Skills at Work
- Secrets to Giving a Great Presentation
- Switch It Up: New Approaches to Motivating Yourself and Others
- Questions: The Tools of Curiosity
- Knowing Ourselves: How to Make Professional Development Work at ASU
- Internal Communication Strategies: How to Build Your Team and Keep Them Happy

9:45AM-10:45AM

- Driving Innovation & Operational Excellence in the New American University
- De-stressing Time Management with a Time Diet
- Controlling Your Controllables
- Determine your Work & Communication Style
- Creating Sustainable Practices for Self-Care
- Moving towards Healing: Navigating Grief and Loss
- How Faculty Can Create Cultures of Belonging and Promote Cross-Cultural Friendships
- The Pandemic Experience: Writing your Story for History
- Optimism as a Pessimist
- #IAMREMARKABLE: Dismantling the Stigma of Self-Promotion

11:00AM-Noon

- Leading Up at ASU: How I Did it with Kerri Robinson, Chief of Staff, ASU Public Enterprise
- Secrets to More “This is Why I Do It” Days
- Burnout, Exhaustion and Mindfully Navigating a Post-Pandemic Workplace
- Asking for What You Need to Be Successful at Work
- Navigating Interpersonal Conflict
- Second Acts: Taking Charge of Your Career after 50
- Leadership in the New American University: Leadership Everyday of Our Lives
- What’s Your Major? Establishing Credibility in Higher Education as a Young Professional

Noon-1:15PM: CONFERENCE KEYNOTE EVENT & LUNCHEON*

Special Keynote with Adriana Kuiper, Associate Vice President of Strategy and Chief of Staff, Knowledge Enterprise

1:30PM-2:30PM

- 10 Ways to Save Money Without Drastically Altering Your Lifestyle
- Assert Yourself: Assertiveness Training
- Tackling Implicit Bias and Microaggressions 2.0
- The Necessary Evil of Feedback: How to Make it Effective
- Video Literacy: Improving your On-Camera Presence
- The Intersection of Sustainability and Self-Care
- Events Planning: Incorporating Diversity, Equity, and Inclusion in Your Event Planning

1:30PM-3:00PM

- Becoming a Culturally Intelligent Leader (90 Min Session)

2:45PM-3:45PM

- Sustainability: Water in the West: What Drought Means for You and for ASU
- The Critical Response Process: A Simple and Healthy Method for Giving and Receiving Feedback
- Getting to Know You: Understanding Your Personality and Character
- Events Planning: How to Plan a Conference
- DREAMZone: Supporting DACA and Undocumented Students